

Building Resilience, Addressing Trauma, & Identifying and Responding to Adverse Childhood and Community

October 27, 2020

Attendees: Chinda Lucoski, Aurora Valdez, Lilly Irvin-Vitela, Jeanette Martinez, Christina Morris, Susana Satillan, Melissa Ontiveros, Catherine Ann Lacey, Katherine Chavez, Nicole Rogers, Maureen Wilks, Adrian Morris, Ofelia Hudson, Mallory Owen, Aurora Valdez,

- Lilly reviewed the agenda and the importance of listening to New Mexico voices perspective first because there are lots of assets, strengths, and resources New Mexico has that can be built upon.
 - Team will look at spending some time seeing if there are any opportunities within the policy and systems change landscape. Team will focus on toxic stress and trauma and the need for resiliency in New Mexico which is tied with Arizona for the highest prevalence of adverse childhood experiences in the country, also adverse climate experiences in the context of living in an environment that is beautiful and bountiful but can be unforgiving, Adverse historical experiences have also impacted communities of color in New Mexico disproportionately.
- Susana Santillan would like to know if there is an evidenced based tool for screening. It starts with the social determinants of health.
- Aurora Valdez shared the importance of having resources for people who need resources after screening for adverse childhood experiences.
- Nichole Rogers likes that recommendations talk about investing in restorative approaches and looking at social determinants of health and if aces is a part of that. Looking at zip codes as being your single most determinant of health.
- Lilly Irvin-Vitela stated ACE's tool was developed decades ago by doctors and it asked a whole string of questions that looked at experiences that folks could have in childhood that are directly correlated with for behavioral mental, physical health outcomes educational outcomes.
- Nicole Rogers stated there is a health hospital that has adapted an ACE's tool for primary care and are actively serving patients as they come in for their child well checks.
- Lilly Irvin-Vitela shared that it's not enough to have policies and procedures and programs that go at risk factors we also have assets and it's important to be addressing both the whole person in the context of their community and culture. Lilly also stated transportation really matters to have access.
- Lilly states the way to sustain this work and to really move the wisdom of our communities forward is to really think about this in terms of our relational assets. Doing work in a way that builds community that builds engagement and that builds on the strengths and assets that already exist in our community.
- Aurora Valdez shared two names with St. Vincent's Regional Medical Center who might be good partners in this work.

- Chinda Lucoski shared that the Southwest region already implement quite a few services. Meeting once a month with mental health agencies, veterans, public health and the Therapy Center.
- Melissa Ontiveros shared there is a lot already being done in Las Cruces looking at federal, state, and local policy and collaborating with many people in different sectors. Las Cruces City Counselor Kasandra Gandara is good resource.
- Ofelia Hudson shared the name of Dr. Lisa Stone who has lots of resources that we could probably tap into.
- Aurora Valdez mentioned Dr. Maryland Zimmerman who is part of the National Native Children's Trauma Center as well as Catherine Chavez who is in Taos Pueblo, she is the Tiwa Babies Home Visiting Program.
- Nichole Roger stated she is going to be a part of the legislative Health Policy Forum next week and has an opportunity to share information about what health policies are on the docket.
- Lilly Irvin-Vitela encouraged team to look for change opportunities, real opportunities for multiple statewide organizations like the Public Health Association and others. Thinking about how to help people cut through the noise and really find approaches that makes sense for New Mexico and particular communities.
- Melissa Ontiveros mentioned a policy forum she will be a part of that will have legislation introduced so we will have an idea of what's going to be presented at the next legislative session. We can start tapping into those partners and legislators.
- Lilly Irvin-Vitela shared next steps.

Homework for next month's meetings is to:

- Make introductions of folks that you know we need to be talking to, sharing information or gathering information.
- If there's information that you want NM 1st to share out about the good work that you're doing or good resources or tips or information that you want other folks to be looped in on we will share that out.
- We have a listserv that has about 14,000 people from across New Mexico who really care about public policy and really care about democracy building. If there are things that you want us to get out to a broader audience.

Links shared during meeting:

- <http://www.sjcounty.net/home/showdocument?id=2031>